

# Guide to...

## CINAHL Plus with full text

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### CONTENT

CINAHL Plus with Full Text is a comprehensive index and source of full text journal references (over 750 titles) for nursing and allied health journals. In addition it indexes 600,000 full-text articles dating back to 1937, making CINAHL Plus with Full Text one of the key research tools for all areas of nursing and allied health. Also includes over 220 books/monographs. The EBSCOhost 2.0 interface for CINAHL plus with full text offers these features:

- Basic / keyword search screen (with filters and menu options)
- Advanced search screen (with filters, multiple search menu options)
- Visual search (groups results by topics and ability to narrow/filter down the search by clicking on headings)
- Publications (list of journals covered by CINAHL and links to the full text where available)
- CINAHL headings (using the CINAHL database thesaurus)
- Evidence Based Care Sheets (2 page quick guides to topics including references) e.g. Asthma, Diabetes, Hand hygiene, Spiritual needs of hospital patients, Tuberculosis etc.
- Quick Lessons (2 page short introductions to medical conditions/health topics) e.g. Crohn's disease, Chronic Fatigue Syndrome, Hodgkin's Lymphoma, Peritonitis etc.
- Cited References (ability to check to see how many times and where authors / articles are cited/referred to)
- Images and Indexes (browse specific indexes e.g. author, journal title)
- Limit by case study, care plan, systematic review etc.


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### HOW TO GET STARTED

Access CINAHL via the Digital Library on the library website: [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk) and log in to the Digital Library using your University login. Once logged into the Digital Library you can search CINAHL either within the Digital Library or via the EBSCOhost 2.0 interface.

#### To access CINAHL Plus with Full Text (EBSCO)

- Within Digital Library access CINAHL either:
    - Search for CINAHL under **Database Finder** or
    - Select **Advanced Search** – then choose **Health** from the drop down menu.
- Click on CINAHL Plus with Full Text (EBSCO) in the list of databases Note: click

on the  symbol to add a quick link (favourite) to 'My Databases' within **My Digital Library**

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## HELP

CINAHL provides comprehensive help with searching and using the database.

Click on either of these links: ?  or 

### Online tutorials:

- Ebsco Tutorials are available within the online Help section of the CINAHL interface: <http://support.epnet.com/training/tutorials.php>
- Ebsco Support Center: <http://support.ebsco.com/cinahl/>
- Ebsco CINAHL online help sheets: <http://support.ebsco.com/cinahl/documentation.php>
- Ask at the Reception or Enquiry Desks within the library
- Use the “**Ask Us**” enquiry service via email or online chat at:

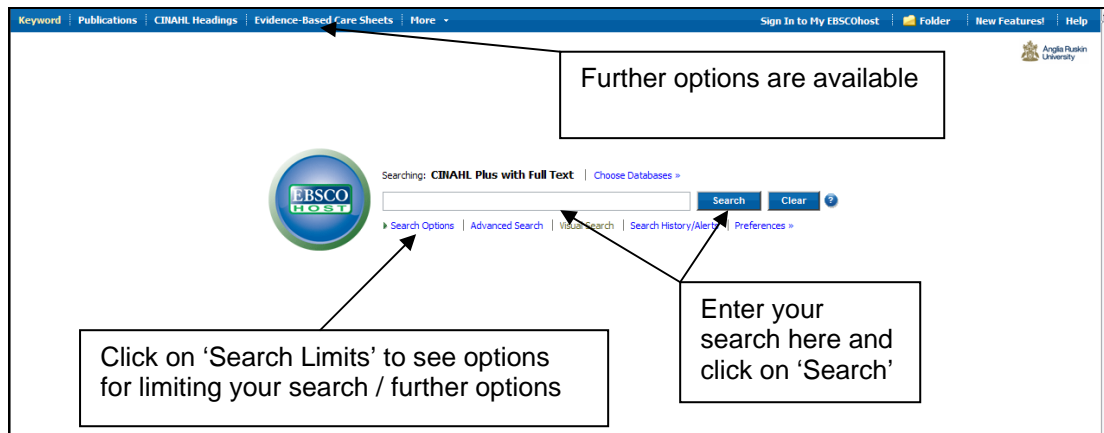


[www.libweb.anglia.ac.uk/askus](http://www.libweb.anglia.ac.uk/askus)


- **Book a Librarian Service**  
[www.libweb.anglia.ac.uk/bookalibrarian/index\\_bal.html](http://www.libweb.anglia.ac.uk/bookalibrarian/index_bal.html)  
If you need more in depth help make a 30 minute appointment with your subject librarian.
- Try our Information Skills Tutorial PILOT: [www.libweb.anglia.ac.uk/pilot](http://www.libweb.anglia.ac.uk/pilot)  
This is an online tutorial covering information searching and referencing.
- Alternatively, especially if there are no 'Book a Librarian' slots convenient for you, contact one of the Health and Social Care librarians directly:
- **Chelmsford**  
Maurice Wakeham (Faculty Liaison Librarian: Health/Social Care/  
Education) 0845 196 3766 [maurice.wakeham@anglia.ac.uk](mailto:maurice.wakeham@anglia.ac.uk)  
Carol McMaster (Faculty Liaison Librarian: Health/Social Care/  
Education) 0845 196 4643 [carol.mcmaster@anglia.ac.uk](mailto:carol.mcmaster@anglia.ac.uk)  
Rebecca Mackle (Assistant Librarian: Health/Social Care/Education)  
0845 196 4623 [rebecca.mackle@anglia.ac.uk](mailto:rebecca.mackle@anglia.ac.uk)  
Sophie Pattison (Assistant Librarian Trainee: Health/Social Care/  
Education) 0845 196 3746 [sophie.pattison@anglia.ac.uk](mailto:sophie.pattison@anglia.ac.uk)  
Jane Shelley (Assistant Librarian: Health/Social Care/Education)  
0845 196 3760 [jane.shelley@anglia.ac.uk](mailto:jane.shelley@anglia.ac.uk)
- **Fulbourn, Peterborough and Cambridge**  
Peter Stokes (Assistant Librarian: Health/Social Care/Education)  
0845 196 5376 [peter.stokes@anglia.ac.uk](mailto:peter.stokes@anglia.ac.uk)

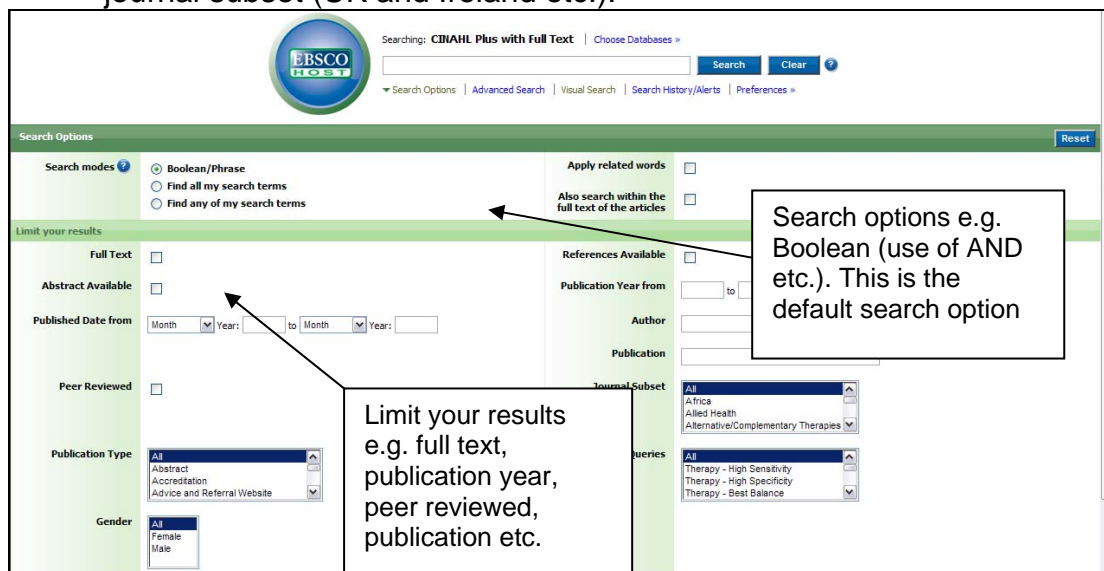
## TO SEARCH

The first screen you see is the basic search (keyword search) screen and links to other search options:



Enter your search word(s) or phrase in the search box and click on 'Search' e.g. nutrition and wound healing.

- By default the search includes a Boolean  phrase mode.
- Click on 'Search Options' to reveal further options for your search and search limits displayed in the lower section of the screen. These can be helpful in your search. Examples of limits include:
  - peer reviewed, publication type (journal article, care plan, case study, research, systematic review etc.), evidence based practice, publication, journal subset (UK and Ireland etc.).



## Search tips

### Boolean Operators (combining words)

- Make use of combining words - AND, OR and NOT (Boolean operators)
- **AND** – finds records that contain both of the search terms  
Use to combine search terms e.g. nutrition and wound healing  
(This is often most helpful in a search, making it more specific)
- **OR** – finds records that contain either of the search terms

Use to combine search terms so that your search finds at least one term. This is helpful when using synonyms, variable spellings etc.  
e.g. critical care or intensive care, stroke or cerebral vascular accident or CVA

- **NOT** – finds records that contain the first term but not the second.  
Use to exclude terms so that the search results do not contain that term e.g. education not technology - will find items containing education but not technology

### Wildcard ? or # / Truncation \*

Make use of wildcard and truncation to help in searching for multiple spellings or variable endings.

- Wildcard – use a ? or # sign to replace a character  
e.g. wom?n will search for both women and woman
- Truncation – use a \* to enter the root of a word and then search for variable endings e.g. diabet\* will search for both diabetes and diabetics

### Proximity

Proximity symbols can be used when you wish to search for words in close proximity but not as a phrase. Use N (near) or W (within) and a number e.g.

Stroke N6 dysphagia – to find references where the words stroke and dysphagia are within 6 words. Dysphagia W6 stroke – to find references where the words are within 6 words and in the order entered in the search (i.e. dysphagia before stroke)

### Advanced Search

Click on the 'Advanced Search' tab for further advanced searching options.

The advanced search screen allows more flexibility in your search and the ability to combine words and phrases. As with the basic search the default search incorporates Boolean and phrase searching.

- Enter your search words into the search box(es) and click on 'Search'
- Add additional search rows if needed – click 'Add Row' (up to twelve).
- Change the default 'Select a field (optional)' choice which searches the whole record if required. Select alternative fields of search e.g. title (TI) - looks for the keywords in the title of the article or author (AU) - look for specific authors, via the drop down menu. If unsure leave on the default settings to start with.
- Combine searches using AND, OR or NOT - change from the default combining settings of AND if required using the drop down menu.

Enter text into the search boxes, select appropriate field and combining words and click on Search

Choose from Search Options and Limit your results e.g. Boolean, full text, evidence based practice, publication type language etc.

## **Visual Search**

Click on the 'Visual Search' link just below the search box, to undertake a visual search. Enter a search in the search box and click on 'Search'. Results are displayed in columns (the default, but can be changed to blocks) and there is then a choice of filters – subject, publication, relevancy, date etc.

To view a reference and obtain the full text where available click on 'More' in the summary box on the far right of the screen. This presents the full citation and often an abstract plus links to the full text of the article (where available). Citation management by printing, saving, emailing or exporting to RefWorks and folder management is available (see the 'How to save your results' section below).

## **Evidence-Based Care Sheets**

These are guides to a variety of health topics providing a brief overview of the topic plus references e.g. Hand hygiene, Spiritual needs of hospital patients, Tuberculosis. Click on the 'Evidence-Based Care Sheets' tab, select from the A-Z list, tick the box(es) to select the item and then click on 'Search' to list those items chosen. Then follow the link to view the full text. Add to folder for citation management is available.

## **Quick Lessons**

Click on 'More', then 'Quick Lessons'. These are similar to Evidence Based Care Sheets and provide a brief overview of topics e.g. Crohn's disease, Chronic Fatigue Syndrome, Hodgkin's Lymphoma, Peritonitis. Select from the A-Z list, tick the box(es) to select items and then click on search to list those chosen. Then follow the link to view the full text. Add to folder for citation management is available.

## **BROWSING**

### **Cited References**

The Cited References option, available under 'More' in the menu provides access to finding citations e.g. authors and then tracing where the article has been cited since and by whom. This is most useful for finding out if and what particular authors and articles have been cited by other authors. (Caution: this will only retrieve those articles indexed by CINAHL. To undertake a full cited works type search you would need to include a search of other databases including Web of Science which has a detailed citation search).

### **Indexes**

Click on 'More' and then Indexes. These allow you to browse for citations using various indexes e.g. author, journal title. Select the appropriate option from the 'Browse an Index' option and browse for the word required e.g. author 'Benner'. Tick the select box to choose the word from the index and then use the search box further up the screen.



**NOTE:** it works better if you type in the word 'and' between the words selected from index such as author and your search word(s) e.g. benner and knowledge.

### **Publications**

The 'Publications' option allows you to check for the journal titles indexed by CINAHL. Click on 'Publications' from the menu to display an alphabetical list of journals. Browse through the list or alternatively click on a letter in the A-Z option.


Search for a particular title and articles from that title using the browse for search box e.g. Journal of Advanced Nursing.

If the full text is available you will see these links (either or both)

 PDF Full Text  HTML Full Text.

To browse past issues of the journal, click on the title to link to the journal.

[Remember Anglia Ruskin do not subscribe to all titles in full text format.]

Select titles to use in your search using the tick boxes and click on  then add key search words into the search box and click on 'Search'.

**NOTE:** type in the word 'and' between the journal title and your search word(s) e.g. Journal of Advanced Nursing and evidence based practice.

## CINAHL Headings

This search gives you the option to search using words from the thesaurus used in the CINAHL database. Click on CINAHL Headings

### Caution regarding Full Text limit\*

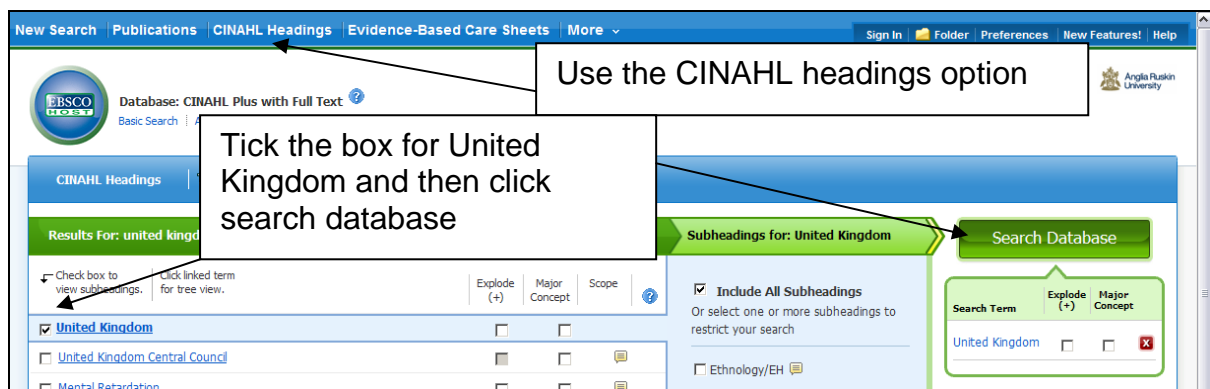
Be cautious about limiting your search to 'full text'. It can appear convenient, but will exclude journals which may be available to you within the Digital Library or elsewhere. You may also miss key information or research findings.

## HOW TO SEARCH FOR UK ARTICLES

To search for **UK only journal articles** you can do one of the following:

### a) Use the CINAHL Heading Country search

This makes use of locations added to the CINAHL headings index which can be included in your search. In the Browse screen type in your country e.g. United Kingdom and click on Browse. In the CINAHL headings screen, select United Kingdom and then click on Search Database. This adds United Kingdom to the Advanced Search screen, where you can then add to your search.



### b) Use the journal subset limiter

In the Advanced Search screen, and scroll down the 'Limit your results' section and select the 'Journal Subset' menu – scroll through this and select 'UK & Ireland'.

# HOW TO DISPLAY RESULTS

Your search results are automatically displayed once a search has been undertaken:

Search results for: nutrition and wound healing

All Results: 1-30 of 350 Page: 1 2 3 4 5 Next

Sort by: Date Add (1-30)

Results for: nutrition and wound healing

1. [Assessment and nutritional aspects of wound healing](#)  
(includes abstract); Campos AC; Groth AK; Branco AB Current Opinion in Clinical **Nutrition** & Metabolic Care, 2008 May; 11 (3): 281-8  
(Journal article) ISSN: 1363-1950 CINAHL AN: 2009922305  
Abstract Only  
[Add to folder](#)  
[Check Full Text](#)
2. [An accountable food management treatment plan](#)  
(includes abstract); Thompson M; Epanomeritakis E British Journal of Nursing (BJN), 2008 Apr 10-23; 17 (7);  
article - case study, pictorial, protocol) ISSN: 0966-0461 CINAHL AN: 2009915279  
[PDF Full Text](#)  
[Add to folder](#) | Cited References: (27)
3. [Negative pressure wound therapy in the adjunctive management of necrotizing fasciitis: examining clinical outcomes](#)  
(includes abstract); Baharestani MM Ostomy **Wound Management**, 2008 Apr; 54 (4): 44-50 (journal article - pictorial, research,  
tables/charts) ISSN: 0889-5899 PMID: 18480505 CINAHL AN: 2009913888  
Abstract Only  
[Add to folder](#) | Cited References: (30)  
[Check Full Text](#)
4. [Recessive dystrophic epidermolysis bullosa. Part 2: care of the adult patient](#)  
(includes abstract); ...  
Abstract Only  
[Add to folder](#) | Cited References: (30)  
[Check Full Text](#)

Narrow Results by

Source Types

All Results

Periodicals

Pamphlets

Dissertations

CEUs

Proceedings

Subject

Wound Healing

Pressure Ulcer

Male

Age

Female

Nutrition

More >

Publication

Subject: Major Heading

Author

Age

Gender

Publication

Limit your results

Full Text

References Available

[Update Results](#)

[Search Options](#)

This results screen is in three sections which do not have to be all displayed (they can be hidden by clicking the control 'hide' arrows) — Narrow Results By, All Results, and Limit your results.

- Click on the title link in blue to obtain the abstract where available
- Alternatively to view the abstract and citation click on
- Click on one of the following links to go through to the full text where available:

[HTML Full Text](#) [PDF Full Text](#) [Check Full Text](#)

The full text will usually be in either HTML web or PDF format

- Sort your results using the 'Sort by' drop down menu. Default is by date (most recent first) but you can change and choose source, author or relevance
- Narrow your search using the 'Narrow Results By' options on the left hand side of the results screen. Options include:
  - Source type e.g. periodicals (journals), proceedings
  - Subject e.g. age, gender
- Limit your results (option on right of results screen) by Full Text or References Available (be careful choosing full text - may miss relevant information available elsewhere)
- Display results option at the bottom of the screen can be used to change the amount of information displayed for each result. The default is 'Standard' but this can be changed to title, brief or detailed

## No full text available?

Remember to check for the full text of a journal article you require via **Journal Finder** (our A-Z list of journal titles). If you require an article from a journal we do not take on the library shelves or online then you can obtain it via our **Interlibrary Loan service** (cost £2.00 per request). See <http://www.libweb.anglia.ac.uk/services/ill.htm>

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## HOW TO SAVE RESULTS

Full text resources available in PDF or HTML can be saved and printed individually. Your results can also be saved by adding them to the 'Filing cabinet' facility. Click

on  [Add to folder](#)

To view your folder, click on 'Go to Folder View' on the right hand side of the screen under 'Folder has items'.

### Managing the folder:

The screenshot shows a folder view with a sidebar on the left containing various search filters. The main area displays two articles. The first article, 'Faculty-librarian collaboration: an online information literacy tutorial for students', is selected. Above the articles are icons for Print, Email, Save, and Export, along with a 'Delete Items' button. Two callout boxes provide instructions: one points to the action icons and the other points to the tick boxes next to the article titles.

- Select items in the folder for saving, printing, emailing or exporting (to RefWorks) by clicking the tick boxes on the left.
- Select one of the following options: Print, Email, Save or Export
- Note also the ticked box to remove or not remove the items from the folder once you have 'saved' them



**Printing** Click for printing to print citations. At the next screen click on 'Print' after selecting the format fields required (the default is standard, containing citation and abstract which should be appropriate at most times).



**Email** Click to email citations. At the next screen enter your email address in the box and click on 'Send' after selecting the format fields required (the default is standard, containing citation and abstract which should be appropriate at most times).



**Save** Click for saving. At the next screen click on 'Save' after selecting the format fields required (the default is standard, containing citation and abstract which should be appropriate at most times).



**Export (to RefWorks)** Click here to export citations to RefWorks. At the following screen select the appropriate radio button (Direct Export to RefWorks) and click on 'Save'. If required click on the link 'Login through your institution (Shibboleth users)' and then choose 'Anglia Ruskin University' from the institution drop down menu. You will then get to your RefWorks account.

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## HOW TO QUIT

To exit CINAHL close the window by clicking on the red x in the top right corner of the search window. This should return you to the Digital Library screen.