

# Guide to...

## Health and nursing resources

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### 1. Books, e-books and other materials

Use the library website **Quick Search** at [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk) to locate books, e-books and other materials on your subject (tick the box for 'Books, e-books and multimedia materials'). The results will tell you what resources the library holds both on the shelves and as e-books (see E-book in format column). Click on the Title for information on availability, location (library site Cambridge, Chelmsford, Fulbourn or Peterborough and shelf number e.g. 610.7301 PER or WY 86 PER).

**E-books:** items available as electronic books will display 'E-book' in the format column. To access follow the 'Click here for access' link on the search results page. You will need to log in with your University Login.

**Reservations:** you can reserve items on loan or on the shelves at another library site. Use the Reserve button on the availability screen. When the item is available you will be sent an email to your Anglia Ruskin University email account telling you how long you have to collect it.

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### 2. Reference and Statistics

The library has many reference texts and sources of statistics on the shelves and increasingly online via the library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk)

#### Dictionaries

Provide help with spellings and definitions and are both general language (English, French, and German etc.) and subject specific (Nursing, Medical) often in both print and online (e-book) formats. Search via Quick Search on the library website.

#### Encyclopaedias

Encyclopaedias provide a subject overview and often a bibliography for further reading. Note date, country of origin and authority of the contributor, as these may affect the accuracy and relevancy of the information.

Search for **print** versions via the library website Quick Search. Links to **online** versions can be found either via the **library website** Quick Search (you will need to be logged in) or online only via the Digital Library – Quick Reference section (direct link at: [www.libweb.anglia.ac.uk/subjects/reference/diction.php](http://www.libweb.anglia.ac.uk/subjects/reference/diction.php)).

## Statistics

Statistics can be found in a variety of sources: books, journals, reports, statistical publications and increasingly online via the library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk)

### Library shelves:

Statistics are available within the libraries – search via the library Quick Search.

### Online statistics are available via the library website:

- **Advanced Search** – Health – Health Statistics (sub category)

Examples of key statistics:

- The Association of Public Health Observatories – Health Profiles  
[www.apho.org.uk/default.aspx?RID=49802](http://www.apho.org.uk/default.aspx?RID=49802)
- Department of Health Statistics:  
[www.dh.gov.uk/en/Publicationsandstatistics/Statistics/index.htm](http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/index.htm)
- Health Statistics Quarterly (e-journal via Journal Finder)
- Mortality Statistics (covers cause, age and gender)
- Intute: Statistics and Data [www.intute.ac.uk/statistics/](http://www.intute.ac.uk/statistics/)
- Social Trends
- UK National Statistics – Gateway to UK National Statistics  
[www.statistics.gov.uk/hub/index.html](http://www.statistics.gov.uk/hub/index.html)  
Includes major 'Health and Social Care' section
- Neighbourhood Statistics (part of the UK National Statistics)  
<http://neighbourhood.statistics.gov.uk>
- World Health Organisation Statistics [www.who.int/topics/statistics/en/](http://www.who.int/topics/statistics/en/)

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## 4. Journals

Journals (also known as periodicals) help keep you up to date with current developments and provide important academic information, evidence based practice and research findings for your subject. Many are peer reviewed. The library holds a wide range of both print and electronic journals (e-journals).

### Examples of some key journals for health and nursing:

Applied Nursing Research\*, British Medical Journal (BMJ)\*, British Journal of Nursing\*, British Journal of Perioperative Practice\*, Community Care\*, Health and Social care in the Community\*, International Journal of Nursing Studies\*, Journal of Advanced Nursing\*, Journal of Clinical Nursing\*, Journal of Nursing Research\*, Journal of Perioperative Practice\*, Journal of Psychiatric and Mental Health Nursing\*, Journal of Public Health Medicine, Journal of Wound Care\*, Lancet\*, Nursing Ethics\*, Nursing Standard\*, Nursing Times, Pain\*, Public Health\*, Social Science and Medicine\*, Western Journal of Nursing Research\*

NOTE: \* Indicates current and past issues are available as e-journals.

### E-Journals via Journal Finder

Many journals are now available online via the library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk). Log in with your university login and use:

**Journal Finder** (link on left hand menu), to locate and access e-journals by title. From the search results screen, follow the 'Click here for access' link to get to the online version (note the years span available information, for each journal).

### Print Journals

- Print journals are shelved in the library Journal Collection alphabetically by title (A-Z). They are for reference use only (photocopying facilities available).
- Use **Journal Finder** on the library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk) to search for and access print and electronic journals.
- If you require an article from a journal at another Anglia Ruskin library click on the 'Photo' link within a journal record on the library website Journal Finder results screen. The cost of the photocopy is 5p per page.

### Not available online or in the library?

Use the **Interlibrary Loan** (ILL) service. If you find that a book or journal article that you require is not stocked by us, then we can usually obtain it for you through our Interlibrary Loan service. There is a non-refundable charge of £2 per item requested. If you have requested a journal article, a photocopy will be sent to you by post for your retention. For other items, you will need to visit the library to collect/use. Further information can be found on the website, Interlibrary Loan menu link at [www.libweb.anglia.ac.uk/services/ill.htm](http://www.libweb.anglia.ac.uk/services/ill.htm)


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## 5. Databases and Gateways

### Databases

Databases are an effective way of finding up to date **journal articles** on specific nursing and health topics. As well as journal references they may also provide access to case studies, care plans, systematic reviews, abstracts, book chapters, reports and conference papers etc. Where available the **full text** of journal articles and other documents are freely accessible (once you are logged into the library).

Access to databases is via library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk)

- Log in.
- Click on **Advanced Search**.
- In the 'Journal articles, research papers etc.' link select from the subject drop down menu – **Health**. This provides access to specialist health and nursing databases, resources and links.
- Search the databases where you see a tick select box on the left  using the search boxes e.g. British Nursing Index.
- Search those databases (resources) listed with no select box facility e.g. UK PubMed Central, via their own unique interface – click on the title link for this. (For those with tick select boxes you can also do this if you wish - sometimes useful to utilise additional advanced search options).
- To view a brief description of a database, click the blue  icon.

Alternatively search directly for a database by name e.g. British Nursing Index, using the **Database Finder** option in the Digital Library section of the library website.

## **Key nursing and health databases, with full text links where available:**

### **Academic One File**

1980 – present. Peer-reviewed full text articles from a range of journals and reference sources including medicine and social sciences.

### **AMED (Allied & Alternative Medicine Database) (OVID)**

(1985 – present. Includes complementary medicine, palliative care and allied health - relevant to all health professionals. Covers over 400 journals + books and newspapers.

### **Anatomy TV: Primal Pictures (OVID)**

interactive multimedia overview of human anatomy including 3D animations on function, biomechanics and surgical procedures, clinical and forensic medicine, orthopaedics, obstetrics and physiology. Includes: interactive learning modules.

### **ASSIA (Applied Social Science Indexes and Abstracts) (CSA)**

1987 – present. Covers the social sciences, health, social services, nursing care.

### **Biomed Central [www.biomedcentral.com/](http://www.biomedcentral.com/)**

Access to free online full text medical and health journals e.g. BMC Nursing.

### **British Nursing Index (BNI)**

1994 - present. Covers 250+ nursing journals. UK nursing focus but also includes midwifery, medicine, mental health, health management and allied health and includes non UK journals where relevant to UK practice.

### **Care Knowledge**

Covers social care and includes many full text links.

### **Centre for Reviews and Dissemination (York University)**

Part of the National Institute for Health Research (NIHR) [www.york.ac.uk/inst/crd/](http://www.york.ac.uk/inst/crd/)

### **CINAHL Plus with Full Text (EBSCO)**

Cumulative Index to Nursing and Allied Health Literature) (EBSCO) 1982 – present. Covers nursing, midwifery and allied health. Citations from over 1,200 journals, plus details of pamphlets, books and web resources where relevant.

**Full text** links from over 560 titles (including some Internurse/Intermid journals e.g. British Journal of Community Nursing, British Journal of Midwifery, British Journal of Nursing etc.

### **Cochrane Library (The) form the Cochrane Collaboration**

Collection of databases of high-quality, independent and up to date reliable research, evidence based health care, and information on the effectiveness of health interventions, much available in full text. Includes: Cochrane Database of Systematic Reviews (CDSR) with the full text of completed systematic reviews; Methods Statements; Technology Assessments; Economic Evaluations and individual Clinical trials.

**DARE** (Database of Reviews of Effectiveness) - Centre for Reviews and Dissemination, University of York. Summaries of quality systematic reviews looking at the effects of health care interventions, and broader health and social care topics.

**Journals@OVID Full Text**

1996 (some citations back to 1993) – present. Includes online access to the LWW (Lippincott Williams & Wilkins) journals e.g. Advances in Nursing Science, Nursing Management and Orthopaedic Nursing.

**\*Your Journals@OVID**, a subset database covering only the OVID journals which Anglia Ruskin University subscribes to in full text. Click on Journals@OVID and then select 'Your Journals@OVID'.

**Medline** (EBSCO and OVID)

1950 – present. Produced by the US National Library of Medicine. An international database, updated daily, covering over 4,600 biomedical journals.

**PsycArticles** (EBSCO)

(1985 – present). General psychology and specialized, basic, applied, clinical and theoretical research in psychology. 45,000+ peer-reviewed journal articles, references, letters from journals (many full text) mainly published by the American Psychological Association and allied organizations.

**PsycINFO** (EBSCO)

1806 – present. Journal articles (covers over 2,150 journals), books and book chapters and dissertations covering behavioural sciences, mental health, psychology, psychiatry, social science, social work, management and education.

**Psychology & Behavioural Sciences Collection (EBSCO)**

Full Text resource providing access to over 600 full text journals. The database covers topics in emotional and behavioral characteristics, psychiatry & psychology, mental processes, anthropology, and observational & experimental methods

**Pubmed** (via NCBI) free version of the Medline database.

**Science Direct**

Large database of medical, health and scientific articles (many in full text).

**SCIRUS**

A comprehensive scientific research database of 410 million scientific references.

**Social Care Online** (Social Care Institute for Excellence)

1986 – present. Information and research in social care.

**Social Policy and Practice incl. ChildData (OVID)**

Database of abstracts with links to some full-text materials relating to social policy, public health, social services, mental and community health.

**UK Pubmed Central (UKPMC)** Online digital archive of full-text, peer-reviewed research publications, based on PubMed Central (PMC), the U.S. National Institute of Health (NIH) free digital archive of biomedical and life sciences journal literature.

**Web of Knowledge** including Web of Science (ISI) 1970 – present. Searchable for both journal references and cited references (finding where authors have published their work).

### **Wiley Online Library**

Covers journals (full text where available), from the publisher Wiley Interscience.

### **Internet Gateways and Key Websites**

Gateways provide access to high quality relevant subject specific Internet resources evaluated and selected by experts, where you can **search or browse topics and subject links**. Access to gateways is via the library website [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk) – **Advanced Search** – select **Health** subject.

**British National Formulary (BNF)** <http://bnf.org/bnf/>

Free but need to register. The Children's BNF is also available.

**INTUTE: BioethicsWeb** <http://www.intute.ac.uk/bioethicsweb/>

**INTUTE: Nursing, Midwifery and Allied Health** [www.intute.ac.uk/nmah/](http://www.intute.ac.uk/nmah/)

Gateway to quality information resources and websites for the nursing etc.

**INTUTE: Medicine** [www.intute.ac.uk/medicine/](http://www.intute.ac.uk/medicine/)

Gateway to quality biomedical information resources and websites.

**INTUTE: Social Sciences** [www.intute.ac.uk/socialsciences/](http://www.intute.ac.uk/socialsciences/)

Gateway to quality social science information resources and websites.

**National Institute for Health and Clinical Excellence (NICE)**

[www.nice.org.uk/](http://www.nice.org.uk/)


National guidance (guidelines) on health promotion / prevention and treatment of ill health. Also covers Public Health, Health Technologies (medicines, treatments, clinical procedures) and clinical practice guidelines on specific conditions.

**NHS Evidence** [www.evidence.nhs.uk](http://www.evidence.nhs.uk)

A wealth of online evidence based nursing, health and medical information including clinical guidelines, online dictionaries, evidence based practice information and Clinical Knowledge Summaries (CKS). Searchable and A-Z list browse list of topics.

The **Advanced Search** page for **health** provides additional links to a wide range of resources including the Anglia Ruskin University Library **Delicious lists** -

[www.delicious.com/Anglia\\_ruskin/nursing](http://www.delicious.com/Anglia_ruskin/nursing)

For all resources in Advanced Search click on the  symbol to favourite a quick link to it. This will provide a link to the resource for future access via 'My Digital Library' – 'My Resources' – 'My Databases' option on the left hand menu of the library website. (Note you have to be logged in to access your My Digital Library).

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## 6. Research

Guides and links to research can be found via the library website (after logging in) [www.libweb.anglia.ac.uk](http://www.libweb.anglia.ac.uk) .

- **Library website Advanced Search – Health** – sub category ‘Health Research’ provides links to key health research resources and websites.
- UK Clinical Research Network (UKCRN) [www.ukcrn.org.uk/index.html](http://www.ukcrn.org.uk/index.html)  
Supports clinical research and facilitates trials and studies. Part of the UK Clinical Research Collaboration.
- **Index to Theses** (access via the Digital Library ‘Find Database’)  
Biographical information on theses accepted for higher degrees by UK and Ireland universities.
- **Conference Papers Index** - (access via the Digital Library ‘Find Database’)
- **Department of Health** [www.dh.gov.uk](http://www.dh.gov.uk) including:  
Department of Health Research Section:  
[www.dh.gov.uk/en/Researchanddevelopment/index.htm](http://www.dh.gov.uk/en/Researchanddevelopment/index.htm)  
Department of Health publications and statistics section:  
[www.dh.gov.uk/en/Publicationsandstatistics/index.htm](http://www.dh.gov.uk/en/Publicationsandstatistics/index.htm)
- Medical Research Council [www.mrc.ac.uk/](http://www.mrc.ac.uk/)
- **Organisations and charities** often publish research – many links available on the library website - Advanced Search – Health section. Alternatively use Google to search for the organisation by name e.g. MIND
- **COPAC** Catalogue of UK university research libraries + the British Library.  
Access is via the library website - use ‘Find Database ‘.
- Research is often published in journals so use the **databases** listed in section 5 of the guide e.g. CINAHL, Medline, Web of Knowledge to identify pertinent research.
- **Library website – Advanced Search – Reference** section provides general useful databases on research e.g. Index to theses, Conference Papers Index.
- **Researchers pages on the library website** – useful for masters level students See: [www.libweb.anglia.ac.uk/ARRO.html](http://www.libweb.anglia.ac.uk/ARRO.html)

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## 7. Other Libraries

The ‘Using other libraries’ link on the library website Help & Advice section: [www.libweb.anglia.ac.uk/helpdesk/others.htm](http://www.libweb.anglia.ac.uk/helpdesk/others.htm) provides information about using alternative libraries including:

### **NHS Libraries:**

Nursing students are able to use the NHS libraries at the hospital site they are allocated to for placements. Details can be found at: [www.libweb.anglia.ac.uk/helpdesk/nhslib.htm](http://www.libweb.anglia.ac.uk/helpdesk/nhslib.htm)

### **Sconul Access scheme:**

The Sconul access schemes provide students who are part-time, distance or on a placement to possibly join and use other university libraries near to their home. Please see the link for details: [www.libweb.anglia.ac.uk/helpdesk/others.htm](http://www.libweb.anglia.ac.uk/helpdesk/others.htm)

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## 8. Help

Help is available in a variety of ways:

- Ask at the Reception or Enquiry Desks within the library
- Visit the Help & Advice section of the library website.  
You can “**Ask Us**” by phone, email or online chat at:



[www.libweb.anglia.ac.uk/askus](http://www.libweb.anglia.ac.uk/askus)

- **Book a Librarian Service**  
[www.libweb.anglia.ac.uk/bookalibrarian/index\\_bal.html](http://www.libweb.anglia.ac.uk/bookalibrarian/index_bal.html)  
If you need more in depth help make a 30 minute appointment with your subject librarian.
- Try our Information Skills Tutorial PILOT at: [www.libweb.anglia.ac.uk/pilot](http://www.libweb.anglia.ac.uk/pilot)  
This is an online tutorial covering information searching and referencing.
- Alternatively, especially if there are no ‘Book a Librarian’ slots convenient for you, contact a librarian directly:
- **Chelmsford**  
Maurice Wakeham (Faculty Liaison Librarian: Health/Social Care/  
Education) 0845 196 3766 [maurice.wakeham@anglia.ac.uk](mailto:maurice.wakeham@anglia.ac.uk)  
Carol McMaster (Faculty Liaison Librarian: Health/Social Care/  
Education) 0845 196 4643 [carol.mcmaster@anglia.ac.uk](mailto:carol.mcmaster@anglia.ac.uk)  
Rebecca Mackle (Assistant Librarian: Health/Social Care/Education)  
0845 196 4623 [rebecca.mackle@anglia.ac.uk](mailto:rebecca.mackle@anglia.ac.uk)  
Sophie Pattison (Assistant Librarian Trainee: Health/Social Care/  
Education) 0845 196 3746 [sophie.pattison@anglia.ac.uk](mailto:sophie.pattison@anglia.ac.uk)  
Jane Shelley (Assistant Librarian: Health/Social Care/Education)  
0845 196 3760 [jane.shelley@anglia.ac.uk](mailto:jane.shelley@anglia.ac.uk)
- **Fulbourn, Peterborough and Cambridge**  
Peter Stokes (Assistant Librarian: Health/Social Care/Education)  
0845 196 5376 [peter.stokes@anglia.ac.uk](mailto:peter.stokes@anglia.ac.uk)
- Tutorial specifically to help search for quality nursing information and websites: [www.vts.intute.ac.uk/tutorial/nursing/](http://www.vts.intute.ac.uk/tutorial/nursing/)

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